

HEART BEAT

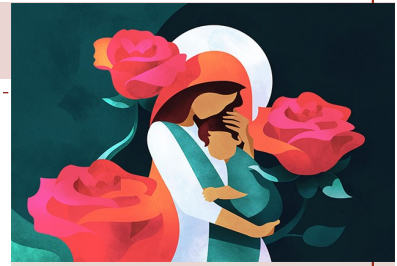
Dear Sacred Heart Catholic Primary School Community,

What an amazing start to Term 3! I want to take a moment to express my heartfelt gratitude to our wonderful students and staff for their enthusiasm and dedication that have made this term's beginning truly special.

It was wonderful to see the reactions of many as we returned to school and noticed our new sensory paths. The excitement and joy was wonderful to witness. The work done during the semester break to create these paths emphasises our continued reflection to ensure that as a school, we are providing a learning environment that supports students and staff to be successful.

During our Assembly on Friday, 9th August, I had the pleasure of sharing an inspiring story with our students and community - the incredible achievement of Arisa Trew, our youngest gold medallist at just 14 years old. Arisa's journey is a powerful example of perseverance, a positive mindset, and the importance of learning from our mistakes.

I highlighted how Arisa continually learned from her setbacks, especially her experience with the 720 trick - a challenging move that she was the first female skater to successfully perform. Remarkably, she attempted this trick 14 times in competition before finally nailing it! Her determination and willingness to embrace failure as a stepping stone to success are qualities we encourage in all our students.



Blessed Mother Mary,

Mother of all,

You have been there for us always.

Thank you for sharing in our life's journey.

You have been our guide and taught us to trust.

Keep us in your loving care.

Help us to know your Son Jesus better ...

To walk in His way and continue to be faith filled, respectful and resilient learners.

Amen.

My message to the students was clear: we must learn from our mistakes, be open to feedback, and never be afraid to try new things. By cultivating a positive mindset and avoiding a fixed mindset, we can all grow, learn and achieve great things - just like Arisa.

We are deeply committed to fostering strong Literacy skills in our students, with a particular emphasis on reading. It has been wonderful to observe the progress they have made during my recent learning walks and data review. The growth in the reading abilities of our students is a testament to their hard work, the dedication of our teachers and your continued support at home.

Our commitment to Literacy is unwavering. We continuously review our data to identify areas where students may need additional support. Where necessary, we implement targeted interventions to ensure every child can reach their full potential. Our goal is for all graduates of Sacred Heart Catholic Primary School to not only meet, but exceed, National Benchmarks for Literacy, especially in reading.

We thank you for your partnership in this journey and look forward to celebrating even more achievements with our students as they continue to grow in their Literacy skills. If you have any concerns or questions regarding your child's/childrens' learning, please contact their Classroom Teacher.

May the Sacred Heart of Jesus be everywhere loved ...

Forever

God Bless,

Stephen Versteegh



TERM 3 2024

DEPUTY PRINCIPAL

With Rebecca Evans

This year, Sacred Heart Catholic Primary school participated in the Bullying No Way: National Week of Action, 12 to 16 August 2024.

Bullying No Way Week is a commitment being made by thousands of schools and supporters across the country. It provides an opportunity to demonstrate our commitment to bullying prevention. It gives us an opportunity to connect with students, staff and school communities to implement workable solutions to prevent bullying.

The new hero colour for the campaign was purple – symbolising peace, strength and empowerment to take a stand against bullying behaviour.

The theme for this year's campaign was Everyone Belongs. This theme highlights the importance of creating a sense of belonging and inclusion for students. We recognise bullying often thrives in environments where individuals feel marginalised or excluded, and it is our collective responsibility to ensure that every student feels valued and respected.

“Positive school climates that value diversity and inclusion can foster a sense of belonging and provide a protective factor against negative peer relationships and reduce bullying.” (Australian Education Research Organisation 2023).

For more information about Bullying No Way Week and bullying prevention, visit the Bullying No Way website.



If you have concerns that your child is being bullied, please contact your child's Classroom Teacher and/or the Deputy Principal (Rebecca Evans) in the first instance. If you believe the behaviour constitutes a crime, or is a serious incident of cyberbullying, please refer to the Bullying No Way website for information on how to report to other authorities and access wellbeing help.

Parents and Carers play an important role in helping your child understand bullying, and how to respond to it.

If your child tells you about happenings at school, or you observe something in public that involves conflict or bullying, take the opportunity to talk about what bullying is. You can learn more about what defines bullying at bullyingnoway.gov.au.

Questions you could ask:

What do you think bullying is?

Have you seen it? How did you feel?

Have you ever felt scared at school because of bullying?

As well as me, who are the other adults you would talk to when it comes to things like bullying?

Have you or your friends left other kids out on purpose? Do you think that was bullying? Why or why not?

Have you ever tried to help someone who is being bullied? What happened? What would you do if it happens again?

Remind your child that bullying is never okay and discuss how they can respond safely if they experience or witness it.

Encourage them to seek help from a trusted adult and keep seeking support if needed.

By promoting open communication, we empower children to stand up against bullying and create a safer environment where everyone can feel that they belong.

For more information, visit bullyingnoway.gov.au.



TERM 3 2024

APRE

With Danielle Aspinall
danielle.aspinall@nt.catholic.edu.au



OUR CELEBRATIONS SO FAR THIS TERM HAVE INCLUDED A STAFF MASS, GRANDPARENTS DAY ASSEMBLY AND A WHOLE SCHOOL MASS FOR THE FEAST OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY.



MADE IN THE IMAGE OF GOD (MITIOG) EACH YEAR, WE TEACH THE HUMAN SEXUALITY COMPONENT OF OUR RELIGIOUS EDUCATION UNITS ALSO KNOWN AS MITIOG. MRS JANE ASTALOSH AND I ATTENDED A PROFESSIONAL DEVELOPMENT DAY TO LEAD TEACHERS IN SHARING THIS IMPORTANT LEARNING WITH OUR STUDENTS. MORE INFORMATION WILL BE AVAILABLE FOR FAMILIES IN THE COMING WEEKS WITH THE EXPECTATION THAT THE LEARNING WILL TAKE PLACE IN WEEKS 9 AND 10.

**CATHOLIC IDENTITY DAY
OUR STAFF AND THE MOTHER TERESA CATHOLIC PRIMARY SCHOOL STAFF WILL WORK TOGETHER ON FRIDAY 20TH SEPTEMBER FOR OUR CATHOLIC IDENTITY DAY. PLEASE SEE FURTHER INFORMATION ABOUT THIS IN THE CORRESPONDENCE SENT HOME. AS THIS IS A SCHOOL CLOSURE DAY, PLEASE SEE MISS CHRISSI AT OSHC IF YOU WILL BE REQUIRING CARE ON THE DAY.**

WE ARE CELEBRATING FATHER'S DAY WITH A BREAKFAST AND LITURGY FROM 7AM ON FRIDAY 30TH AUGUST. WE WOULD LOVE TO INCLUDE PHOTOS OF CHILDREN WITH THEIR DAD, GRANDPA, UNCLE OR SOMEONE SPECIAL IN OUR POWERPOINT PRESENTATION ON THE DAY.

PLEASE EMAIL YOUR PHOTOS TO DANIELLE.ASPINALL@NT.CATHOLIC.EDU.AU IF YOU WOULD LIKE TO BE INCLUDED. ALL PHOTOS TO BE RECEIVED BY TUESDAY 27TH AUGUST PLEASE. WE HOPE TO SEE YOU ALL THERE AT THE BREAKFAST AND LITURGY ON FRIDAY 30TH.



TERM 3 2024

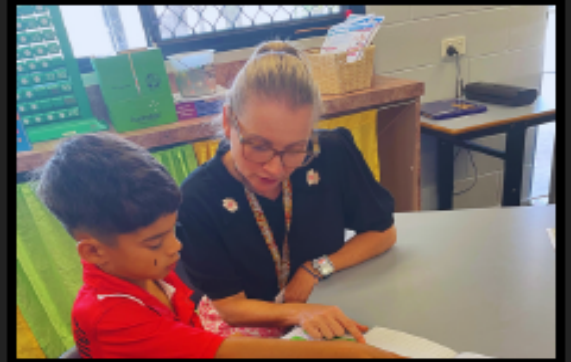
CURRICULUM

with Jessica Mahon

LEARNING ALLIANCE

In 2023, our Leadership Team embarked on a school improvement journey by participating in a course led by Dr. Lyn Sharratt, who developed the 14 Parameters for school and system improvement based on her extensive research and practice. We integrated these principles into our Annual Improvement Plan, prioritising Literacy as the most critical fundamental skill for our students, and began implementing these evidence-based practices in our classrooms.

This year, Catholic Education Northern Territory (CENT) adopted this framework for all Catholic schools in the NT, forming the Learning Alliance, with our school playing a leading role. Dr. Lyn Sharratt visited Sacred Heart, providing Professional Development for Principals across the Catholic Schools in the NT and conducting Learning Walks and Talks to demonstrate best practices. Since her visit in April, several schools and the Teaching and Learning Team from CENT have visited us to observe and learn from our implementation of these strategies.



Mrs Coco from CENT asks the 5 Key Questions on a Learning Walk and Talk.



BUMP IT UP WALLS

Bump It Up Walls play a crucial role in student improvement, encouraging students to take ownership of their work and responsibility for their growth. By providing clear examples and guidance on how to enhance their work, these walls effectively lead to significant student improvement.

THE 5 KEY QUESTIONS

1. WHAT ARE YOU LEARNING?
2. HOW ARE YOU DOING?
3. HOW DO YOU KNOW?
4. HOW CAN YOU IMPROVE?
5. WHERE DO YOU GO FOR HELP?



NAPLAN

The 2024 NAPLAN results have now been distributed to the families of Year 3 and 5 students who participated in the Term 1 tests. These results provide a snapshot of student achievement at a specific point in time. We use NAPLAN scores alongside various other data sets to gain a comprehensive understanding of each student's growth and overall achievement. Congratulations to all students!



INCLUSION

with Kelly Chessell

ODD and PDA

ODD (Oppositional Defiant Disorder) and PDA (Pathological Demand Avoidance) are two terms we hear a lot in relation to students diagnosed with ADHD and ASD. While often diagnosed alongside these what do they really mean and how do they affect your child?

WHAT IS PDA?

PDA is characterised by an **extreme avoidance of everyday demands and an anxiety-driven need to be in control**. People often describe children with PDA as unpredictable as they can be charming one minute and angry or distraught the next. Children will often struggle to understand the subtleties of social interaction on a deeper level. They often have a "best friend" who they won't let play or work with other children in the class.

WHAT IS ODD?

Oppositional Defiant Disorder (ODD) is described as an ongoing pattern of **disobedient, hostile and defiant behaviour toward authority figures** which goes beyond the bounds of normal childhood behaviour. Children may appear stubborn, present as negative, defiant and unable to take 'no' for an answer, deliberately annoying others, easily annoyed themselves or blaming others for all that goes wrong. It often disrupts normal daily activities.

suelarkey.com.au

11 Tips for Supporting Students with ODD/PDA

Choose your battles

As soon as you find yourself in conflict, ask "Is conflict going to resolve or escalate the situation?"

Use distractions

Distract the child to something else in a very calm voice

Catch the child doing great things

Even if they sit still for one second, tell them "great sitting" as soon as they do the right thing

Let them be your special helper

Give them special tasks or jobs to do

NEVER take what they say personally

Sometimes what they say is awful, but what they want most is the reaction so don't react

Strategies will wear out quickly!

When they wear out quickly, move on to another strategy

Look at strategies to manage anxiety

Children with ODD have a strong resistance to change and change can cause anxiety

Offer clear choices

Make sure the choices have set boundaries

Break tasks up

Divide tasks and activities into small, achievable steps

Find ways to connect

Try to build a relationship with them. Start talking about things they love or are interested in

Use physical prompts

Physical prompts can be better than directly asking them to do something e.g. point to work





ELC



OUR 3 - 5 YEAR OLD PRESCHOOLERS AT THE ELC RECENTLY WENT ON AN EXCURSION TO THE TERRITORY WILDLIFE PARK. AS YOU CAN SEE BY OUR FACES, IT WAS AN EXCITING AND FUN FILLED DAY!



THANK YOU TO MISS BEC, MISS KAUSHI, MISS CLARE, MISS LINDA, MISS KIKI, AVA'S MUM SHARINA AND BEN'S PARENTS SARA AND MARK WHO ATTENDED WITH THE CHILDREN AND MADE THE DAY EXTRA SPECIAL. WE ARE VERY BUSY PLANNING OUR NEXT ADVENTURE!





ROOM 9



100

ON WEDNESDAY THE 14TH OF AUGUST, ROOM 9 CELEBRATED A MASSIVE MILESTONE AND ACHIEVEMENT - 100 DAYS AT SCHOOL!

THIS IS SUCH AN EXCITING MILESTONE, A TIME TO CELEBRATE AND REFLECT ON ALL OF THE AMAZING LEARNING THAT THE STUDENTS HAVE ACHIEVED SO FAR IN THEIR SCHOOL CAREERS.

STUDENTS DRESSED AS MAGICAL CHARACTERS AND SUPERHEROES THIS YEAR. WE HAD THE BEST DAY DRAWING WHAT THEY WOULD DO IF THEY WERE 100 YEARS OLD, COUNTING AND CUTTING TO MAKE HEADBANDS, COUNTING ITEMS TO 100 AND PARTYING AND DANCING THE AFTERNOON AWAY!

WE ARE SO PROUD OF WHAT THEY HAVE ACHIEVED IN 100 DAYS AND WE CAN'T WAIT TO SEE WHAT THE REST OF THE YEAR HOLDS.

ROOM 1

THIS WEEK



IN RELIGION, WE HAVE BEEN LEARNING TO UNDERSTAND THAT THERE ARE SPECIAL SYMBOLS ASSOCIATED WITH BAPTISM. WE ARE LEARNING TO UNDERSTAND THE RITUAL OF BAPTISM AND THE STORY OF JESUS' BAPTISM.



IN SCIENCE, WE ARE LEARNING TO IDENTIFY THE DIFFERENCES BETWEEN LIVING AND NON-LIVING THINGS. STUDENTS ENJOYED OUR GROWING SEEDS SCIENCE EXPERIMENT. WE ARE LOOKING FORWARD TO HARVESTING OUR MUNG BEANS AND LENTILS IN A FEW WEEKS.



IN HISTORY, WE ARE LEARNING TO RECOGNISE WHAT A FAMILY LOOKS LIKE AND THAT MANY FAMILIES HAVE DIFFERENT STRUCTURES.

WE RECENTLY RECEIVED OUR MARATHON 4 KIDS MEDALLIONS. WHAT A GREAT ACHIEVEMENT! WELL DONE ROOM 1.

IN ENGLISH, WE HAVE BEEN LEARNING TO IDENTIFY THE STRUCTURE AND FEATURES OF AN INFORMATION REPORT. WE HAVE BEEN LEARNING TO UNDERSTAND THE DIFFERENCE BETWEEN A FACT AND AN OPINION.

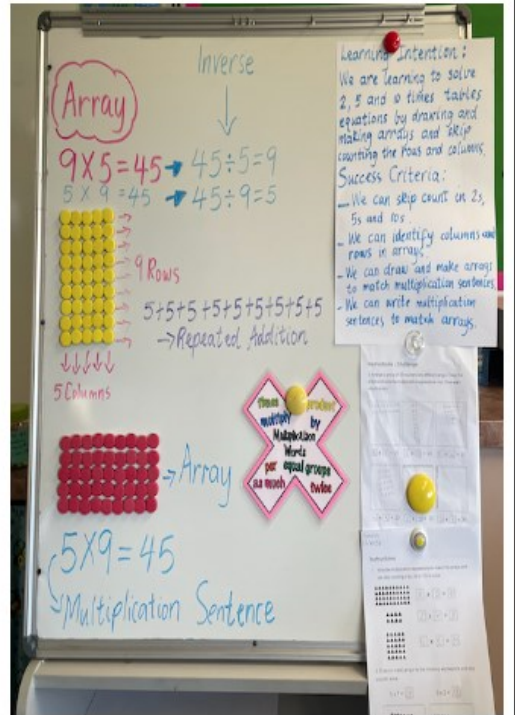
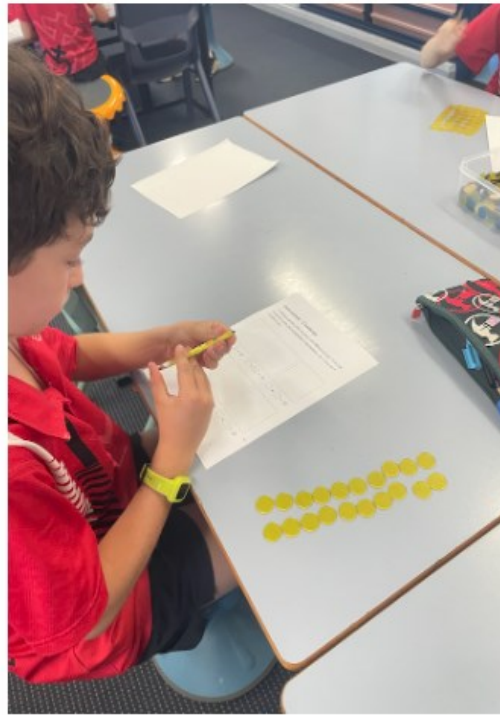
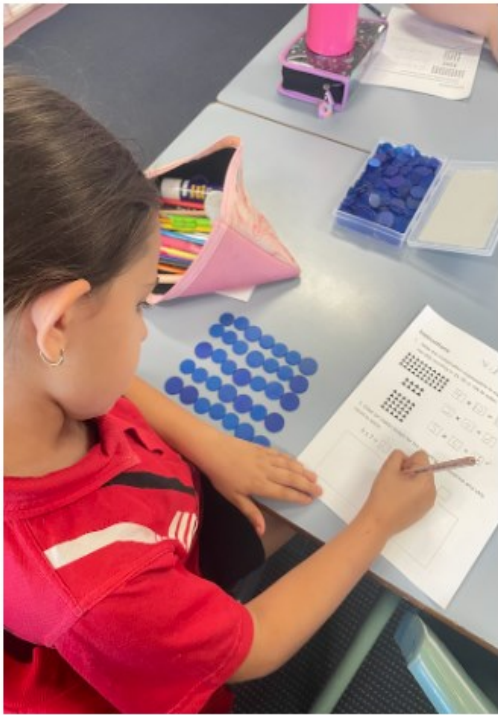


IN MATHS, WE ARE LEARNING TO SOLVE ADDITION AND SUBTRACTION PROBLEMS AND IDENTIFY COINS AND SORT THEM BY THEIR DENOMINATION.



Year 3/4 Room 5

In Maths, we have been learning to multiply and divide one and two-digit numbers, represent problems using number sentences, diagrams and arrays, and use a variety of calculation strategies.



In English, we have been reviewing all the tricky words we have learned, practising spelling longer words with open and closed syllables, words ending with /v/; Suffix 'ive' and learnt that when words have a vowel suffix, we use the drop 'e' rule.



Exercise 3: The drop 'e' rule

shine

+

y

=

shiny

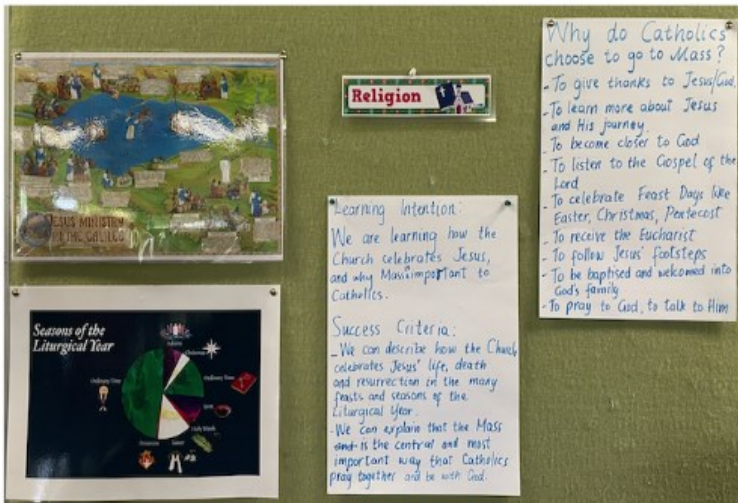
Is it a vowel suffix?

yes or no

In Geography, we can use Google maps to find Australia's States and Territories. We can label Australia's states, capital cities and key landmarks on the blank map.



In Religious Education, we can name the main parts of the Mass and summarise what happens in each section. We can list some of the reasons why Mass is important to Catholics.



Prayer and Sacramentality

Why do Catholics choose to go to Mass?

- to give thanks to Jesus and God
- To learn more about Jesus and His Journey
- To become closer to God
- To listen to the Gospel of the Lord
- To celebrate Feast Days like Easter, Christmas, Pentecost
- To receive the Eucharist - the body and blood of Christ
- To receive Jesus in our hearts
- To be Jesus' follower or follow in His footsteps
- To be baptised and welcomed into God's family
- To share in Jesus' passion - stations of the Cross
- To pray

1 > WE GATHER

INTENTIONAL RITE
The opening of the Mass is the beginning of our prayer and the beginning of our journey with God.

INCENSE, SING, AND PROCESSION
We gather in prayer and praise to God. We sing and pray together. The priest leads the people in prayer and praise to God.

THE SIGN OF THE CROSS
The priest and people make the Sign of the Cross together. This is a reminder of our baptism and our faith in God.

THE ORDER OF THE MASS

2 > WE LISTEN

THE LITURGY OF THE WORD
The priest reads the Word of God. The people listen and respond to the Word of God.

PROFESSION OF FAITH
The priest and people profess their faith in God. This is a statement of our belief in the Trinity and the Church.

THE ORDER OF THE MASS

3 > WE THANK

THE LITURGY OF THE EUCHARIST
The priest and people offer the Eucharist. This is the central part of the Mass, where we receive Jesus in our hearts.

THE ORDER OF THE MASS

4 > WE RECEIVE

THE ORDER OF THE MASS

5 > WE GO

THE ORDER OF THE MASS



Room 7 GOING FOR GOLD!



Room 7 had a very special visitor in the first week of term to start off their Olympic Games Learning Journey. Dominic was an Olympic Torch Bearer in 2000. It was so interesting to hear about his experience and many of our students are eager to volunteer for the 2032 Olympic Games! Following the visit, our students made their own Olympic torch and had a mini relay to mark the start of the Games. Students have been learning all about the Olympics from the ancient games to the modern games and about different sports and athletes. We have also been visiting the countries of the world, finding out interesting facts and following the medal tally to see how each country is performing in the Games. Going for Gold in Room 7!



Year 5/6



Maths

In 5/6 Maths, we have been learning about Chance and Probability. The students have conducted several chance experiments and explored concepts such as the likelihood of events, understanding probability through fractions, decimals, and percentages, and using these skills to make predictions and informed decisions. Students have enjoyed playing games against their peers and discussing the language of probability.



Inquiry

In History we are focusing on the British arrival in Australia and how this impacted the lives of the First Nations people. Students have discovered how far back Aboriginal and Torres Strait Islander histories extend and what life was like before the First Fleet arrived. Throughout the rest of this term, we will continue to explore colonial Australia and Australia's path to federation.

In Science, we have been learning about the Solar System. We have focused on the planets in our Solar System, the discoveries of other solar systems and astronomers from the past and present who have shaped our understanding of space. We will continue learning about the moon, the sun and space exploration.

Cybersafety

Did you know 42% of kids and teens were adversely affected after experiencing a negative incident online? We will be learning about how to stay safe online over the coming weeks. Some strategies to help us stay safe include:

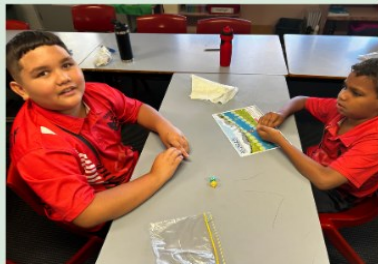
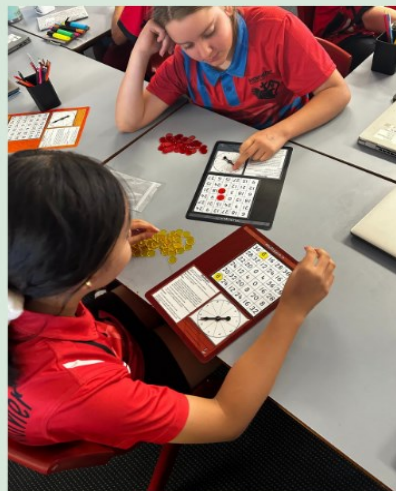
- 1) Not using your full name or giving your birth date
- 2) Making sure that photos do not easily identify your school uniform or house.
- 3) Never giving out your home address or phone number

Important Dates

12 Aug
Start of Bullying No Way Week of Action

13 Sept
Year 6 Public Speaking competition
Excursion to Holy Spirit







TERM 3

AUSLAN

With Miss Mahon

JULY/ AUGUST '24

Did you know?

RESEARCH HAS SHOWN CHILDREN WHO USE AUSLAN FROM AN EARLY AGE EXHIBIT IMPROVED LANGUAGE AND COGNITIVE DEVELOPMENT COMPARED TO THOSE WHO DON'T. IT'S ALSO BEEN FOUND THAT LEARNING AUSLAN CAN IMPROVE SPATIAL AWARENESS AND EVEN MULTITASKING SKILLS AMONG HEARING INDIVIDUALS.

Source: [deafchildreناustralia.org.au](http://deafchildreनाustralia.org.au)



Students have been practising their fingerspelling and learning to communicate in Auslan by turning their voices 'off' – not an easy feat! Fingerspelling is a crucial skill for Auslan speakers and learners, allowing students to communicate even if they don't know the signs for certain words.

Ask your child to identify these finger spelled words:



— — —



— — —



— — — — —

This term at OSHC

(End of Term 2/start of Term 3)

We have almost finished the recycled, portable garden beds and began planting vegetables and herbs. The children also enjoy feeding the worms our scraps and watering the plants with the worm wee which is great for the garden.

During NAIDOC Week, we reset our Larrakia words, pictures and seasons display. The children enjoyed watching Barrumbi Kids and the Dreamtime stories on ABC. There were also different themed sensory trays set up to explore.



In our kitchen skills lessons, children learnt how to make Curried Sausages and Spaghetti Bolognese, how to spread butter on bread, chop vegetables and make play-dough.



Our next lot of Children's University excursions have started this term with the Garden Growers Program at Bunnings. So far children have learnt how to build a garden caddy and paint it and about herbs they can grow and how they can use these in cooking. Bunnings also gave us a whole herb garden, freshly planted by our children!

This term at VAC

Bicentennial Park excursion



The children enjoyed risk taking and a picnic lunch of hot chips at Bicentennial Park on the Esplanade.



We learnt more about our emotions at the cinema in Gateway when we watched Inside Out 2.

Cinema excursion



St Paul's OSHC excursion



The children enjoyed climbing trees at St Paul's the most whilst risk taking and building our community.

Berry Springs OSHC incursion



It's always a lot of fun when our friends from Berry Springs OSHC come and visit. This time we enjoyed water play and a hot dog lunch!



PJ Day.



Who doesn't enjoy a pair of comfy pyjamas? We enjoyed a day time sleep over and raised \$50 through the Pyjama Foundation for children in foster care.



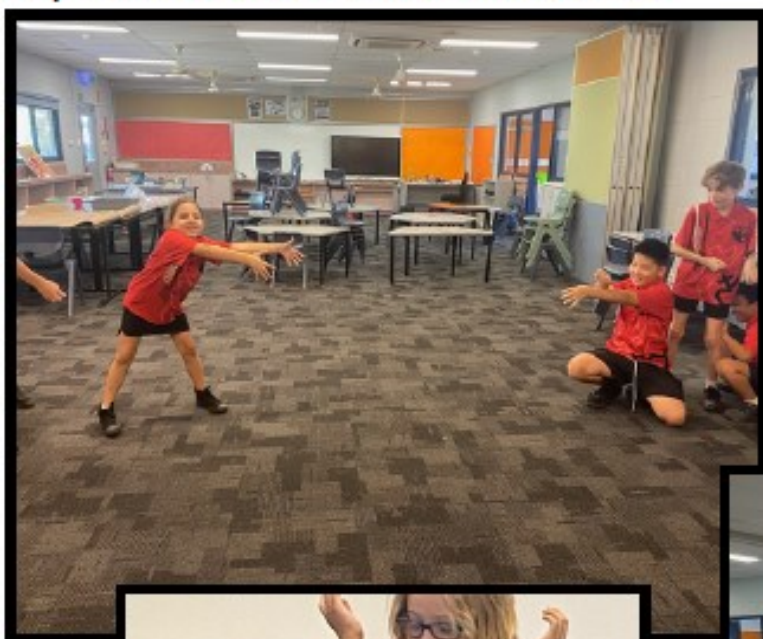


TERM 3 2024

DRAMA

With Rebecca Evans

In Drama this term, all year levels have been exploring how they can communicate emotions, thoughts and feelings through improvisation and physical and verbal expression. We have had loads of fun!





Tuesday 16th July 2024

Dear Parents and Carers,

Welcome to Week One! We pray that you had a refreshing break away from the regular routines of school and that Term Three has started well for you all.

An important part of the ongoing development of Teachers and Staff is Professional Learning. Furthermore, as a Catholic School, opportunities for ongoing faith formation and reflection are vital.

Every second year, each Catholic School in the Diocese is responsible for organising a professional development day for their staff that enhances their Catholic Identity. Each alternate year, there is an urban schools day that all staff engage in, led by Catholic Education Northern Territory.

This year, Sacred Heart Catholic Primary School Staff will be working together with Mother Teresa Catholic Primary School Staff to engage in a day of faith formation and the building of parish and community links. This day will be facilitated by Jennifer Hickson, a Director of Mission and Formation who has been working in Catholic Faith Formation for over 20 years and is passionate about bringing the Gospels alive for people from all walks of life.

Please be informed that this professional learning requires a school closure day and this will take place on **Friday 20th September**. The ELC will operate as per normal hours on the day and OSHC will be open from 7am until 5:30pm. If you require care at OSHC on this day, please see Miss Chrissi at After School Care or Miss Hollie in the Front Office for the appropriate form to complete.

Thank you for your support of our staff and their ongoing professional learning.

Yours Sincerely,

Danielle Aspinall

Assistant Principal Religious Education

Stephen Versteegh

Principal

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Phone: 08 8924 8700 | Fax: 08 8924 8788 Email: admin.shps@nt.catholic.edu.au |
www.shpsnt.catholic.edu.au

FREE

FATHER'S DAY FAMILY EVENT



29th Aug 2024 from 5.30– 7.30pm

Join in the fun as we celebrate all dads this Father's Day. Loads of D.I.Y's, games & activities, give aways, gift ideas workshop & more.

Details

Make Dad a present for Fathers Day
Leave Dad check out some amazing cars with our show and shine.
Free sausage sizzle and drink
Free face painting with Fairy Jill and reptiles exhibit with Top End Critters

Don't miss out
- register now



BUNNINGS
warehouse



**BUSSY'S
CORNER**

Crossing the road safely

Always get assistance from an adult to cross the road.

If not

Use the marked road crossing to cross the road

1. Stop at the kerb, not on the road.
2. Look in all directions for approaching traffic.
3. Listen for anything coming.
4. Think about if it is safe to cross the road.

Try not to cross the road from between parked cars or near trees and bushes as drivers may not see you.

Can parents/guardians please ensure that students understand their responsibilities as outlined in the *Code of Conduct for School Bus Travel*. Click on this link for the Code:

https://nt.gov.au/_data/assets/pdf_file/0010/547624/code-of-conduct-for-school-bus-travel.pdf



Did you Know?



Platypus is the only animal that has no stomach.

Printed with money from the Northern Territory Government